

NATIONAL CADET CORPS (NCC) ACTIVITY REPORT

SESSION: 2024-25

A.P.SEN MEMORIAL GIRLS' P.G. COLLEGE, LUCKNOW

UNIT: 20 UP GIRLS BATTALION NCC, LUCKNOW

TOTAL STRENGTH: 110

SENIOR WING CADETS NCC

TREE PLANTATION

- Date: July 24, 2024
- Venue: A P Sen Memorial Girls P.G. College, Lucknow
- On the auspicious occasion of Kargil Vijay Diwas 2024, the National Cadet Corps (NCC) organized a tree plantation drive to honor the valiant soldiers who laid down their lives during the Kargil War.
- The event aimed to contribute to environmental conservation and foster a sense of responsibility among cadets towards nature.
- The Commanding Officer Col. Ratnakar Trivedi delivered an inspiring speech, highlighting the importance of Kargil Vijay Diwas and the significance of tree plantation for environmental sustainability.
- Tree Plantation drive began with the Commanding Officer planting the first sapling, symbolizing the start of the event.
- Cadets, guided by their instructors, planted over 100 saplings of various native species, including neem, peepal, and banyan.
- Cadets distributed pamphlets and educated attendees about the benefits of tree plantation and environmental conservation.



ALP SEN MEMORIAL GIRLS P.G. COLLEGE
KARAIL VIJAY DIWAS (RAJAT MAHOTSAV)
16 JULY TO 26 JULY 2024
TREE PLANTATION DRIVE
AND
PRESENTATION BY CO UNIT ON
KARAIL WAR VIJAY DIWAS
DATE-26.07.2024



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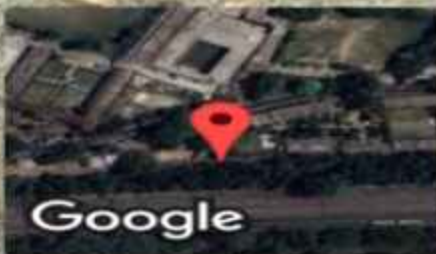


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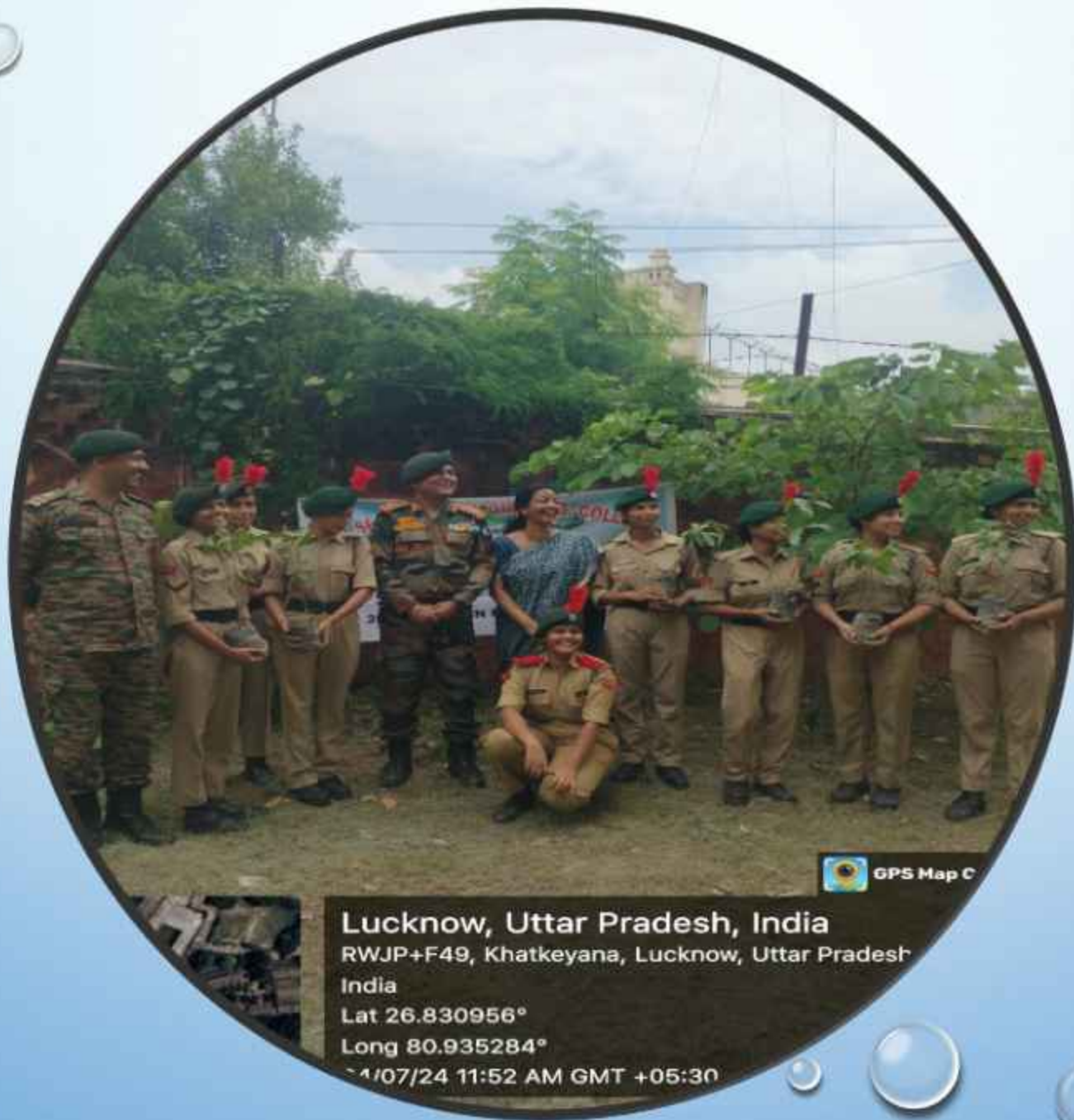
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TREE PLANTATION AT LKU UNIVERSITY



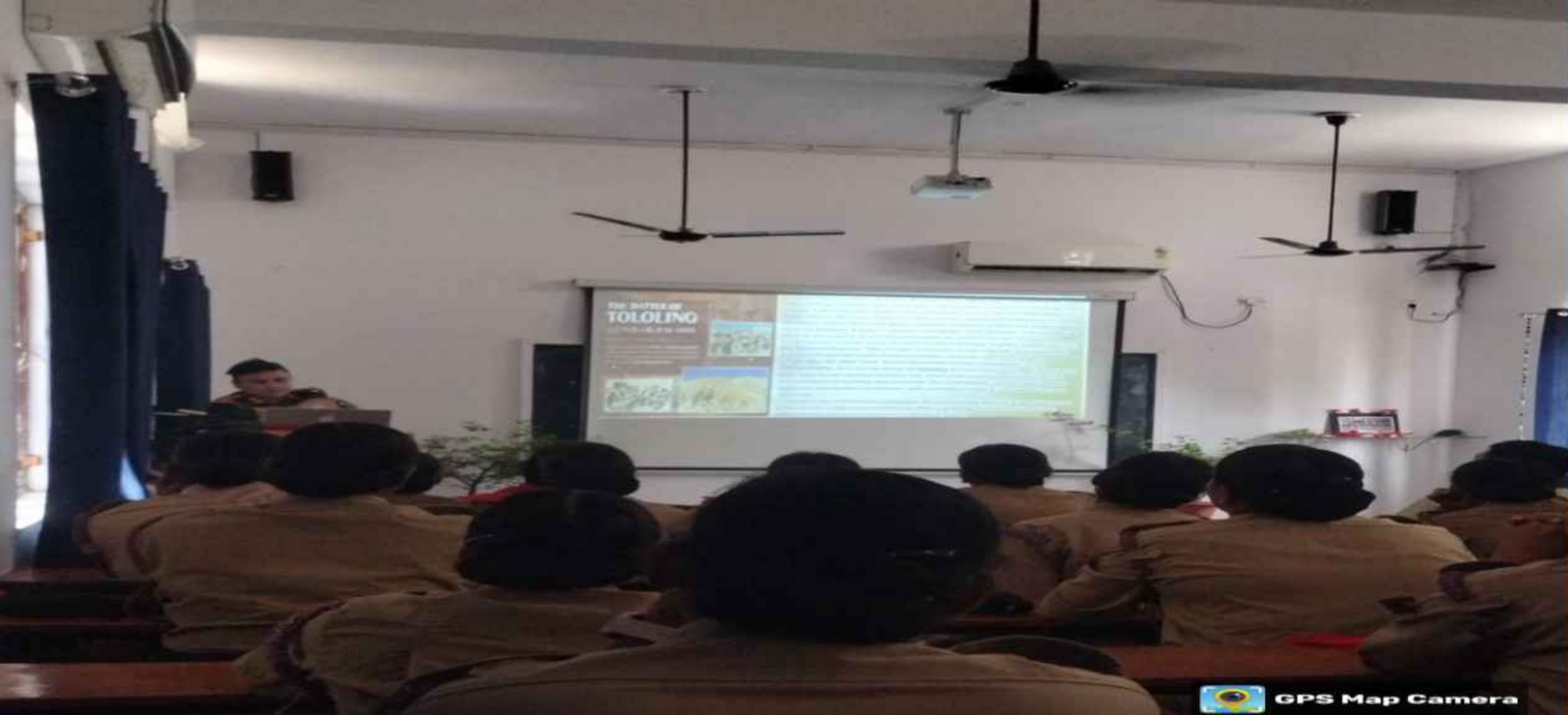
KARGIL VIJAY DIWAS

- DATE: JULY 24th , 2024
- VENUE: A.P. SEN MEMORIAL GIRLS PG COLLEGE, LUCKNOW
- COMMANDING OFFICER OF THE 20 UP GIRLS BATTALION NCC, LUCKNOW, COL. RATNAKAR TRIVEDI, DELIVERED AN ENLIGHTENING PRESENTATION ON ONE OF THE KARGIL WAR HEROES.
- OVER 100 CADETS FROM A P SEN MEMORIAL GIRLS COLLEGE, TEACHERS, STUDENTS AND STAFF WITNESSED THE EVENT, WHICH BEGAN WITH A WELCOME SPEECH BY LCP PAKHI BHARADWAJ WHO INTRODUCED THE COMMANDING OFFICER AND HIGHLIGHTED THE SIGNIFICANCE OF THE 25TH ANNIVERSARY OF KARGIL VIJAY DIWAS.
- A SOLEMN CEREMONY WAS HELD TO PAY HOMAGE TO THE KARGIL MARTYRS, INCLUDING A TWO-MINUTE SILENCE AND A FLORAL TRIBUTE.
- THE PRESENTATION ON THE KARGIL WAR HERO BY THE COMMANDING OFFICER OF THE 20 UP GIRLS BATTALION NCC, LUCKNOW, COL. RATNAKAR TRIVEDI WAS A POIGNANT AND INSPIRING EVENT.
- THE PRESENTATION INCLUDED DETAILED ACCOUNT OF THE HERO'S ROLE AND CONTRIBUTIONS DURING THE KARGIL WAR, INCLUDING KEY BATTLES, STRATEGIES, AND ACTS OF VALOR. INFORMATION ON THE AWARDS AND HONORS RECEIVED BY THE HERO FOR THEIR BRAVERY AND SERVICE. INSPIRATIONAL STORIES AND³ PERSONAL ANECDOTES THAT HIGHLIGHT THE HERO'S DEDICATION AND COURAGE.

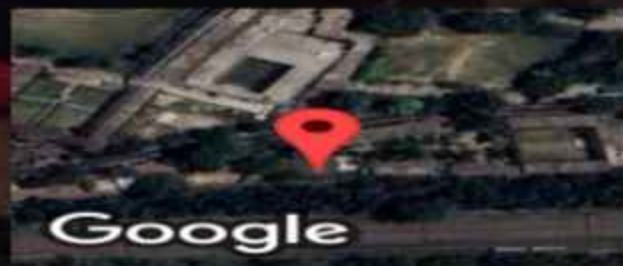


- A strong, continuous improvement & its systems
- Need for strong military strategy, military leadership advantages
- Greater level
- Successful rapidly. New versatile components in





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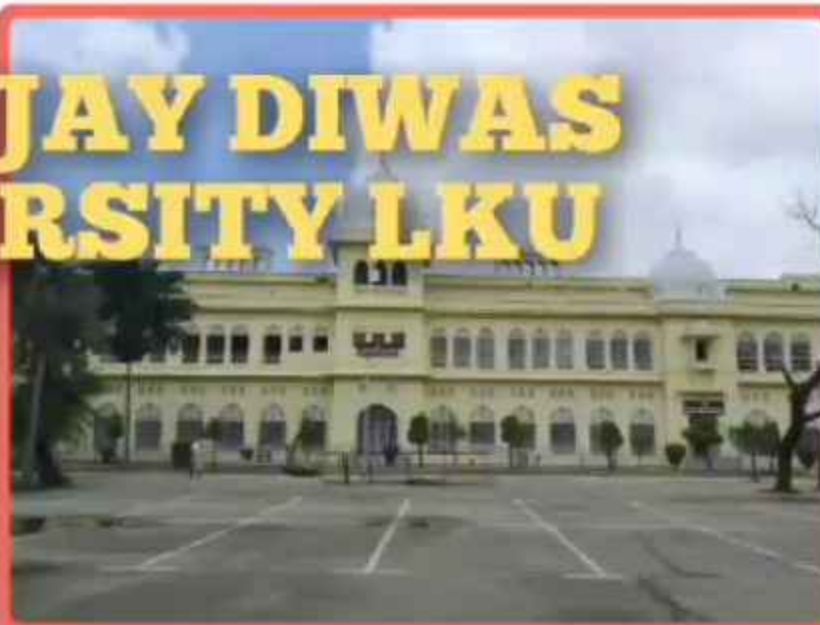
LESSONS LEARNT : KARGIL WAR

- A strong, competent & committed political leadership required to bring improvements in security policies, Higher Defence Control Organisation & its systems, incl its rules of business
- Need for strong pro active stance – as Absence of a pro-active politico-military strategy in India resulted in a persistent belief among Pakistan's military leaders that India can be pushed for political & military advantages
- Greater level of integration of politics & military planning & execution
- Successful outcome of a border war depends upon our ability to react rapidly. New strategic environment calls for faster decision making, versatile combat organizations, rapid deployment & synergy amongst all elements involved in war effort, particularly the three services





KARGIL VIJAY DIWAS AT UNIVERSITY LKU



INDEPENDENCE DAY CELEBRATION

- Date: AUGUST 15th, 2024
- ON THE GLORIOUS OCCASION OF INDEPENDENCE DAY, A SPECIAL PARADE WAS ORGANIZED IN LUCKNOW IN WHICH FOUR CADETS FROM A.P. SEN MEMORIAL GIRLS P.G. COLLEGE, AFFILIATED WITH THE 20 UP GIRLS BATTALION NCC, WERE SELECTED TO PARTICIPATE. THE SELECTED CADETS WERE SENIOR UNDER OFFICER PRIYANKA SHARMA, JUNIOR UNDER OFFICER AYUSHI PRAJAPATI, SERGEANT PREETI, AND CADET MADHUMITA, WHO SERVED AS THE PILOT OF THE PARADE.
- THIS YEAR'S PARADE WITNESSED THE ENTHUSIASTIC PARTICIPATION OF NCC CADETS, WHO SHOWCASED EXCEPTIONAL DISCIPLINE, COORDINATION, AND DRILL PERFORMANCE. HELD IN FRONT OF LUCKNOW'S HISTORIC VIDHAN BHAWAN, THE CADETS MARCHED WITH THE NATIONAL FLAG, EXPRESSING THEIR DEDICATION AND LOYALTY TOWARDS THE NATION.
- DURING THE EVENT, IT WAS REMARKED, "THROUGH THE EXCELLENT PERFORMANCE OF NCC CADETS, IT IS EVIDENT THAT THE FUTURE OF OUR NATION IS IN SAFE HANDS. THEIR DISCIPLINE AND DEVOTION MAKE US PROUD."
- THIS CELEBRATION CONVEYED A STRONG MESSAGE THAT YOUTH PLAY A VITAL ROLE IN NATION-BUILDING, AND NCC CADETS ARE MAKING REMARKABLE CONTRIBUTIONS IN THIS DIRECTION.







ENROLLMENT OF SENIOR WING CADETS

- THE ENROLLMENT OF SENIOR WING CADETS OF A.P.SEN MEMORIAL GIRLS PG COLLEGE, LUCKNOW WAS CARRIED OUT BY THE ENROLMENT TEAM OF 20, UP GIRLS BATTALION NCC ON 14TH AUGUST 2024 FROM 11 AM TO 2PM.
- A TOTAL OF 110 SENIOR WING CADETS ARE AUTHORIZED TO THE COLLEGE. 25 CADETS WERE DEFICIENT AS ON DATE FOR WHICH THE ENROLMENT WAS REQUIRED TO BE CARRIED OUT. A TOTAL OF 59 ASPIRING STUDENTS FROM THE COLLEGE PARTICIPATED IN THE ENROLMENT.
- ALL THE ARRANGEMENTS WERE MADE UNDER THE GUIDANCE OF PROF RACHANA SRIVASTAVA, PRINCIPAL OF THE COLLEGE AND DULY EXECUTED BY THE ANO, PROF MONIKA SRIVASTAVA.
- THE CADETS WERE TESTED FOR WERE TESTED FOR ENDURANCE RUN, HEIGHT MEASUREMENT AND WRITTEN TEST. THE CADETS WILL BE SELECTED BASED ON THE MERIT.
- THE CO AND THE COMPLETE TEAM APPRECIATED THE ARRANGEMENTS AND APPLAUDED THE SMOOTH CONDUCT OF THE ENROLLMENT.
- MOTIVATIONAL TALK WAS ALSO DELIVERED BY THE COMMANDING OFFICER, 20, UP GIRLS BN NCC, COL RATNAKAR TRIVEDI, FOR THE NEWLY ENROLLED CADETS OF THE NATIONAL CADET CORPS (NCC) AT A.P. SEN MEMORIAL GIRLS PG COLLEGE, LUCKNOW. THE EVENT AIMED TO INSPIRE AND INSTILL A SENSE OF DISCIPLINE, RESPONSIBILITY, AND PATRIOTISM AMONG THE CADETS, MARKING THE BEGINNING OF THEIR JOURNEY IN THE NCC.
- CADETS WERE BRIEFED ABOUT THE VARIOUS OPPORTUNITIES THAT THE NCC PROVIDES, INCLUDING CAMPS, TRAINING PROGRAMS, AND THE CHANCE TO PARTICIPATE IN NATIONAL AND INTERNATIONAL EVENTS.
- THE EVENT WAS A RESOUNDING SUCCESS, SETTING A POSITIVE TONE FOR THE CADETS AS THEY BEGIN THEIR TRAINING AND DEVELOPMENT IN THE NCC.





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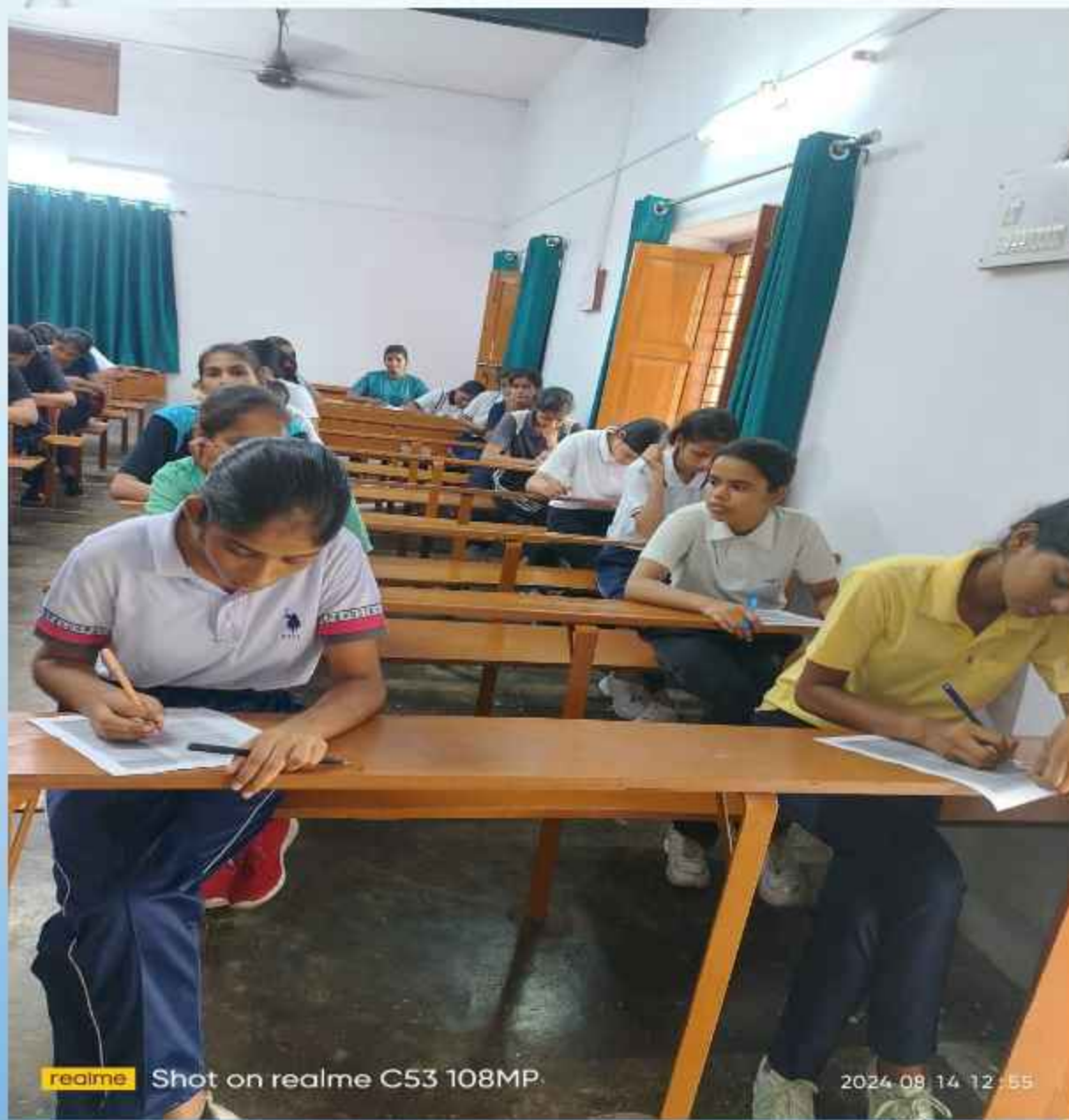
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HAR GHAR TIRANGA CAMP CAMPAIGN

- THE HAR GHAR TIRANGA 2024 CAMPAIGN IS A NATIONWIDE INITIATIVE AIMED AT FOSTERING PATRIOTISM AND NATIONAL PRIDE BY ENCOURAGING THE DISPLAY OF THE INDIAN NATIONAL FLAG, THE TIRANGA, IN EVERY HOUSEHOLD.
- LAUNCHED AS PART OF THE AZADI KA AMRIT MAHOTSAV, THIS CAMPAIGN MARKS A SIGNIFICANT STEP IN TRANSFORMING THE RELATIONSHIP WITH THE NATIONAL FLAG FROM A FORMAL SYMBOL TO A PERSONAL ONE, ALLOWING CITIZENS TO CONNECT DEEPLY WITH NATIONAL IDENTITY.
- 'HAR GHAR TIRANGA' AWARENESS RALLY BY NCC CADETS DATE: 14TH AUGUST 2024
- THE NATIONAL CADET CORPS (NCC) OF A.P.SEN MEMORIAL GIRLS PG COLLEGE, LUCKNOW UNDER THE AEGIS OF 20 UP GIRLS BN NCC AND INITIATIVE TAKEN BY PRINCIPAL PROF RACHANA SRIVASTAVA, ORGANIZED A VIBRANT AND IMPACTFUL 'HAR GHAR TIRANGA' AWARENESS RALLY ON 14TH AUGUST 2024, AIMED AT PROMOTING PATRIOTISM AND NATIONAL UNITY AMONG THE CITIZENS.
- THE RALLY WAS PART OF THE LARGER 'AZADI KA AMRIT MAHOTSAV' CELEBRATIONS, COMMEMORATING 75 YEARS OF INDIA'S INDEPENDENCE.
- THE RALLY WAS FLAGGED OFF BY COL RATNAKAR TRIVEDI, COMMANDING OFFICER 20 UP GIRLS BN NCC, LUCKNOW AND SAW THE PARTICIPATION OF OVER 100 NCC CADETS FROM A.P.SEN MEMORIAL GIRLS COLLEGE, LUCKNOW. T
- HE CADETS, DRESSED IN THEIR UNIFORMS AND HOLDING THE TRICOLOR, MARCHED THROUGH THE STREETS, CHANTING SLOGANS THAT RESONATED WITH NATIONAL PRIDE AND UNITY.
- THE PRIMARY GOAL OF THE RALLY WAS TO RAISE AWARENESS ABOUT THE 'HAR GHAR TIRANGA' INITIATIVE, ENCOURAGING CITIZENS TO HOIST THE NATIONAL FLAG AT THEIR HOMES DURING THE INDEPENDENCE DAY CELEBRATIONS. THE INITIATIVE AIMS TO EVOKE A SENSE OF PATRIOTISM IN EVERY INDIAN AND TO REMIND THEM OF THE SACRIFICES MADE BY FREEDOM FIGHTERS.

- THE CADETS MARCHED THROUGH LOCAL AREA COVERING ROADS, MARKETS, AND RESIDENTIAL AREAS. THEIR DISCIPLINED MARCH AND THE SIGHT OF THE TRICOLOR FLUTTERING IN THEIR HANDS DREW THE ATTENTION OF THE PUBLIC, MANY OF WHOM JOINED IN THE RALLY.
- ALONG THE ROUTE, CADETS DISTRIBUTED FLAGS AND INFORMATIVE PAMPHLETS TO BYSTANDERS, EXPLAINING THE IMPORTANCE OF THE 'HAR GHAR TIRANGA' CAMPAIGN AND HOW EVERYONE COULD PARTICIPATE. TO ENERGIZE THE CROWD AND SPREAD THE MESSAGE EFFECTIVELY, CADETS SHOUTED PATRIOTIC SLOGANS AND SANG NATIONAL SONGS.
- THIS CREATED A CHARGED ATMOSPHERE, WITH PASSERSBY AND RESIDENTS JOINING IN THE CHANTS.
- THE CADETS ALSO ENGAGED IN BRIEF INTERACTIONS WITH CITIZENS, ESPECIALLY IN RESIDENTIAL AREAS, EXPLAINING THE SIGNIFICANCE OF HOISTING THE NATIONAL FLAG AND ENCOURAGING THEM TO TAKE PART IN THE INITIATIVE.
- THE 'HAR GHAR TIRANGA' AWARENESS RALLY BY NCC CADETS WAS A RESOUNDING SUCCESS, LEAVING A LASTING IMPACT ON THE LOCAL COMMUNITY. THE ENTHUSIASM AND DEDICATION DISPLAYED BY THE CADETS INSPIRED MANY TO PARTICIPATE IN THE CAMPAIGN AND INSTILLED A RENEWED SENSE OF NATIONAL PRIDE AMONG THE CITIZENS.
- THE EVENT NOT ONLY HIGHLIGHTED THE IMPORTANCE OF THE NATIONAL FLAG BUT ALSO SERVED AS A REMINDER OF THE UNITY AND STRENGTH THAT IT SYMBOLIZES.
- THE RALLY RECEIVED POSITIVE FEEDBACK FROM BOTH PARTICIPANTS AND SPECTATORS.
- MANY RESIDENTS EXPRESSED THEIR INTENTION TO HOIST THE NATIONAL FLAG AT THEIR HOMES, CONTRIBUTING TO THE LARGER GOAL OF THE 'HAR GHAR TIRANGA' CAMPAIGN.
- THE EVENT DEMONSTRATED THE ROLE OF YOUTH, PARTICULARLY NCC CADETS, IN DRIVING NATIONAL CAMPAIGNS AND FOSTERING A SPIRIT OF PATRIOTISM ACROSS THE NATION.







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SELFIE WITH TIRANGA

- **"HAR Ghar Tiranga"** WAS AN INITIATIVE BY THE GOVERNMENT OF INDIA UNDER THE AZADI KA AMRIT MAHOTSAV TO ENCOURAGE CITIZENS TO BRING THE NATIONAL FLAG HOME AND HOIST IT . AS PART OF THIS • CAMPAIGN, THE GOVERNMENT LAUNCHED A PLATFORM WHERE CITIZENS COULD UPLOAD SELFIES WITH THE INDIAN FLAG.
- UNDER THE ABLE GUIDANCE OF PRINCIPAL PROF RACHANA SRIVASTAVA, AND PROFESSOR MONIKA SRIVASTAVA, ASSOCIATE NCC OFFICER, MORE THEN 90 NCC CADETS OF A.P.SEN MEMORIAL GIRLS PG COLLEGE PARTICIPATED IN THE CAMPAIGN, SHOWCASING THEIR PATRIOTISM BY UPLOADING SELFIES WITH THE NATIONAL FLAG ON THE OFFICIAL WEBSITE AND SOCIAL MEDIA PLATFORMS.
- NATIONAL SPORTS DAY IS OBSERVED ON 29TH, AUGUST EVERY YEAR, COINCIDING WITH THE BIRTH ANNIVERSARY OF HOCKEY LEGEND MAJOR DHYAN CHAND .
- HEALTHY MIND IS SYNONYMOUS TO A HEALTHY BODY. THIS DAY HIGHLIGHTS THE IMPORTANCE OF SPORTS AND PHYSICAL ACTIVITIES IN OUR DAILY LIFE FOR OUR OVERALL GOOD HEALTH.
- NOTWITHSTANDING THE HECTIC SCHEDULE OF THE COLLEGE , BEING INVOLVED NECK DEEP IN THE CONDUCT OF POLICE RECRUITMENT EXAM OUR PRINCIPAL DR PROFESSOR RACHNA SRIVASTAVA ADVISED US TO EXHORT THE STUDENTS TO CELEBRATE NATIONAL SPORTS DAY IN THEIR RESPECTIVE HOMES .
- SIMILAR INSTRUCTIONS WERE ALSO RECEIVED FROM 20 UP GIRL'S BN NCC LUCKNOW.
- PROFESSOR MONIKA SRIVASTAVA, THE ANO OF AP SEN MEMORIAL GIRL'S PG COLLEGE LUCKNOW COAXED ALL OF HER CADETS TO CELEBRATE NATIONAL SPORTS DAY FROM THEIR RESPECTIVE HOMES AND SHARE SNIPPETS.
- THE RESPONSE WAS VERY ENCOURAGING AND ALL THE CADETS PARTICIPATED IN THE CELEBRATIONS OF NATIONAL SPORTS DAY FROM THEIR RESPECTIVE HOMES WITH LOTS OF ENTHUSIASM AND SPIRIT
- IT IS VERY IMPORTANT FOR ALL OF US THAT SPORTS AND PHYSICAL ACTIVITIES BECOME AN IMPORTANT PART OF THE ROUTINE OF OUR DAILY LIVES FOR A HEALTHY BODY AND HEALTHY MIND .

CERTIFICATE OF APPRECIATION

PROUDLY PRESENTED TO

Roshni Vishwakarma

FOR SUCCESSFULLY UPLOADING A SELFIE WITH TIRANGA,
AN INITIATIVE BY THE MINISTRY OF CULTURE



KNOW YOUR ARMY FESTIVAL

- ON 3RD SEPTEMBER 2024, THE SW NCC CADETS OF A.P.SEN MEMORIAL GIRLS PG COLLEGE UNDER THE AEGIS OF 20 UP GIRLS BATTALION NCC, LUCKNOW GOT THE OPPORTUNITY TO VISIT THE "KNOW YOUR ARMY" FAIR BEING HELD AT SURYA KHEL PARISAR FROM 3RD SEPTEMBER 2024 TO 5TH SEPTEMBER 2024.
- THIS EVENT WAS ORGANIZED TO PROVIDE THE GENERAL PUBLIC, ESPECIALLY STUDENTS, WITH INSIGHTS INTO THE WORKINGS, EQUIPMENT, AND LIFESTYLE OF THE INDIAN ARMY. THE FAIR AIMED TO INSTILL A SENSE OF PATRIOTISM, SHOWCASE CAREER OPPORTUNITIES IN THE ARMY, AND HIGHLIGHT THE ROLE OF THE MILITARY IN NATIONAL DEFENSE.
- THE CADETS WERE INTRODUCED TO VARIOUS MODERN WEAPONS AND EQUIPMENT USED BY THE INDIAN ARMY. THIS INCLUDED RIFLES, MACHINE GUNS, GRENADES, AND ADVANCED COMMUNICATION DEVICES. THE CADETS HAD THE OPPORTUNITY TO HANDLE SOME OF THE WEAPONS UNDER THE SUPERVISION OF ARMY PERSONNEL.
- A SPECIAL SECTION WAS DEDICATED TO SHOWCASING ARTILLERY AND ARMORED VEHICLES SUCH AS TANKS, HOWITZERS, AND ARMORED PERSONNEL CARRIERS. THE CADETS WERE PARTICULARLY FASCINATED BY THE DETAILED EXPLANATIONS OF HOW THESE MACHINES OPERATE IN DIFFERENT TERRAINS AND COMBAT SITUATIONS.
- AS PART OF THE FAIR, THERE WERE ADVENTURE ACTIVITIES SUCH AS ROCK CLIMBING, ROPE BRIDGE CROSSING, AND OBSTACLE COURSES. THESE ACTIVITIES TESTED THE PHYSICAL AND MENTAL ENDURANCE OF THE CADETS AND GAVE THEM A TASTE OF THE RIGOROUS TRAINING THAT ARMY PERSONNEL UNDERGO.
- THE VISIT TO THE "KNOW YOUR ARMY" FAIR WAS AN EYE-OPENING EXPERIENCE FOR THE NCC CADETS. IT PROVIDED THEM WITH A DEEPER UNDERSTANDING OF THE INDIAN ARMY'S CAPABILITIES, THE LIFE OF A SOLDIER, AND THE IMPORTANCE OF DISCIPLINE, COURAGE, AND PATRIOTISM. THE CADETS LEFT THE FAIR WITH A RENEWED SENSE OF RESPECT FOR THE ARMED FORCES AND A BETTER APPRECIATION OF THE ROLE THEY PLAY IN SAFEGUARDING THE NATION.
- THE "KNOW YOUR ARMY" FAIR WAS A SUCCESSFUL AND IMPACTFUL EVENT FOR THE NCC CADETS. IT NOT ONLY EDUCATED THEM ABOUT THE MILITARY BUT ALSO INSPIRED MANY TO CONSIDER A CAREER IN THE DEFENSE SERVICES. THE VISIT WAS A MEMORABLE EXPERIENCE THAT WILL HAVE A LASTING INFLUENCE ON THE CADETS' OUTLOOK TOWARD NATIONAL SERVICE AND DEFENSE.

































SWACHHATA PAKHWADA

- THE NATIONAL CADET CORPS (NCC) CADETS OF A.P. SEN MEMORIAL GIRLS PG COLLEGE , UNDER THE AEGIS OF 20 UP, GIRLS BATTALION NCC, LUCKNOW,ORGANIZED A "SWACHHATA PAKHWADA" FROM 15TH SEPTEMBER TO 2ND OCTOBER 2024.
- AS PART OF THE NATIONWIDE SWACHH BHARAT ABHIYAN. CADETS TOOK PART IN A FORTNIGHT-LONG CLEANLINESS DRIVE IN MULTIPLE LOCALITIES TO PROMOTE HYGIENE, CLEANLINESS AND ENVIRONMENTAL CONSERVATION.
- THE INITIATIVE WAS AIMED AT SPREADING AWARENESS ABOUT THE IMPORTANCE OF CLEANLINESS AN ENCOURAGING COMMUNITY PARTICIPATION.
- CADETS OF A.P. SEN GIRLS PG COLLEGE, LUCKNOW CARRIED OUT CLEANLINESS DRIVES IN PUBLIC AREA, INCLUDING PARKS, MARKET AND RESIDENTIAL AREAS. THE CADETS , THROUGH THEIR DEDICATION AND HARD WORK, NOT ONLY CLEANED VARIOUS LOCALITIES BUT ALSO INSPIRED THE LOCALS TO ACTIVELY PARTICIPATE IN MAINTAINING CLEANLINESS.















MOTIVATIONAL TALKS

- DATE: 25.9.2024
- VENUE: A.P.SEN MEMORIAL GIRLS PG COLLEGE, LUCKNOW
- ORGANIZED BY: NCC UNIT OF COLLEGE UNDER THE AEGIS OF 20 UP GIRLS BN NCC, LUCKNOW
- THE GUEST SPEAKER FOR THE EVENT WAS THE ESTEEMED COMMANDING OFFICER OF THE 20 UP GIRLS BN NCC , COL RATNAKAR TRIVEDI WHO SHARED HIS VALUABLE INSIGHTS ON LEADERSHIP, DISCIPLINE, AND PERSONAL DEVELOPMENT.
- THE PURPOSE OF THE LECTURE WAS TO ENCOURAGE AND MOTIVATE THE CADETS TO TAKE RESPONSIBILITY FOR THEIR OWN PERSONAL AND PROFESSIONAL GROWTH WHILE INSTILLING IN THEM THE CORE VALUES OF THE NCC-DISCIPLINE, UNITY, AND SERVICE TO THE NATION. IT ALSO AIMED TO HIGHLIGHT THE BENEFITS OF BEING AN NCC CADET AND THE OPPORTUNITIES IT PROVIDES FOR CAREER ADVANCEMENT IN DEFENCE FORCES AND OTHER AREAS OF LIFE.
- ONE OF THE CENTRAL THEMES OF THE LECTURE WAS DISCIPLINE, WHICH THE COMMANDING OFFICER HIGHLIGHTED AS THE CORNERSTONE OF THE NCC AND MILITARY LIFE.
- HE SHARED PRACTICAL TIPS ON HOW TO MANAGE TIME EFFECTIVELY, BALANCE ACADEMICS WITH EXTRACURRICULAR ACTIVITIES, AND PRIORITIZE TASKS TO ACHIEVE SUCCESS.
- HE SPOKE ABOUT THE VARIOUS CAREER OPPORTUNITIES.
- HE EXPLAINED THE BENEFITS OF 'C' CERTIFICATE AND HOW CADETS WITH AN NCC BACKGROUND HAVE AN EDGE WHEN APPLYING FOR VARIOUS JOBS.
- THE MOTIVATIONAL LECTURE AND INTERACTIVE SESSION CONCLUDED ON A HIGH NOTE WITH COMMANDING OFFICER ENCOURAGING THE CADETS TO TAKE PRIDE IN THEIR ASSOCIATION WITH THE NCC AND CONTINUE TO UPHOLD ITS VALUES IN ALL ASPECT OF THEIR LIFE.



















GANDHI JAYANTI AND LAL BAHADUR SHASTRI JAYANTI

- ON OCTOBER 2ND 2024 ON THE OCCASION OF GANDHI JAYANTI AND LAL BAHADUR SHASTRI JAYANTI, THE NCC CADETS OF A.P. SEN MEMORIAL GIRLS PG COLLEGE ORGANIZED AN ENGAGING AND IMPACTFUL NUKKAD NATAK ON BLOOD DONATION. THE EVENT WAS HELD AS PART OF THE INSTITUTION'S SOCIAL OUTREACH PROGRAM AND AIMED TO RAISE AWARENESS ABOUT THE IMPORTANCE OF BLOOD DONATION .
- THE NUKKAD NATAK WAS PERFORMED IN AN OPEN PUBLIC SPACE, DRAWING THE ATTENTION OF PASSERSBY, STUDENTS, AND OTHER MEMBERS .
- THE PLAY EFFECTIVELY DISPELLED THESE MYTHS, EDUCATING THE AUDIENCE ON THE SAFETY AND SIMPLICITY OF THE DONATION PROCESS, AS WELL AS THE FACT THAT BLOOD DONATION IS CRUCIAL FOR SAVING LIVES IN EMERGENCIES.
- IN THEIR PERFORMANCE, THE CADETS EMPHASIZED THAT BLOOD DONATION IS NOT ONLY SAFE BUT ALSO BENEFICIAL FOR BOTH THE DONOR AND THE RECIPIENT. THEY ENCOURAGED HEALTHY INDIVIDUALS, ESPECIALLY THE YOUTH, TO BECOME REGULAR DONORS, REMINDING THEM THAT A SINGLE PINT OF BLOOD CAN SAVE UP TO THREE LIVES. THE EMOTIONAL IMPACT OF THE NATAK WAS ENHANCED BY PERSONAL TESTIMONIES OF CADETS WHO HAD DONATED BLOOD AND BY HIGHLIGHTING REAL-LIFE CASES WHERE BLOOD DONORS HAD HELPED SAVE LIVES.
- THE EVENT CONCLUDED WITH A STRONG APPEAL TO THE AUDIENCE TO STEP FORWARD AND DONATE BLOOD, REMINDING THEM THAT DONATING BLOOD IS NOT JUST A NOBLE ACT BUT A CIVIC DUTY. THE RESPONSE FROM THE COMMUNITY WAS OVERWHELMINGLY POSITIVE, WITH MANY ATTENDEES EXPRESSING A NEWFOUND UNDERSTANDING OF THE IMPORTANCE OF BLOOD DONATION.
- THE NUKKAD NATAK ON BLOOD DONATION WAS A RESOUNDING SUCCESS, RAISING AWARENESS AND ENCOURAGING 102 PARTICIPATION IN AN ESSENTIAL HUMANITARIAN CAUSE. THE EFFORTS OF THE NCC CADETS WERE LAUDED FOR THEIR CREATIVITY, DEDICATION, AND THEIR CONTRIBUTION TO PROMOTING A LIFE-SAVING PRACTICE.





 **GPS Map Camera**

Lucknow, Uttar Pradesh, India
RWJP+F49, Khatkeyana, Lucknow, Uttar Pradesh 226001, India
Lat 26.83103°
Long 80.935598°
02/10/24 11:22 AM GMT +05:30





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02/10/2024 11:18





MOCK DRILL

- MOCK DRILL CONDUCTED AT A.P. SEN MEMORIAL GIRLS P.G. COLLEGE
- IN LIGHT OF THE CURRENT SITUATION IN THE COUNTRY, THE CADETS OF 20 UP GIRLS BATTALION TOOK A COMMENDABLE INITIATIVE TO ENHANCE THEIR PREPAREDNESS AND AWARENESS BY PARTICIPATING IN A MOCK DRILL AT A.P. SEN MEMORIAL GIRLS P.G. COLLEGE.
- UNDERSTANDING THE IMPORTANCE OF SAFETY AND VIGILANCE DURING EMERGENCIES, WE WERE GUIDED BY OUR PI STAFF, WHO PROVIDED US WITH DETAILED INSTRUCTIONS ON HOW TO RESPOND EFFECTIVELY DURING A SIREN ALERT AND BLACKOUT SITUATION.
- WE WERE TRAINED IN THE STANDARD OPERATING PROCEDURES TO FOLLOW IN ORDER TO ENSURE THE SAFETY OF OURSELVES AND THOSE AROUND US, ESPECIALLY OUR ELDERS AND VULNERABLE INDIVIDUALS.
- THE SESSION ALSO INCLUDED A HANDS-ON PRACTICAL DEMONSTRATION, WHICH ALLOWED US TO APPLY WHAT WE HAD LEARNED IN REAL-TIME SCENARIOS.
- IT WAS AN EXTREMELY INFORMATIVE AND ENRICHING EXPERIENCE, HELPING US UNDERSTAND THE SERIOUSNESS OF SUCH SITUATIONS AND THE ROLE OF DISCIPLINE AND PRESENCE OF MIND DURING CRISES.
- THIS INITIATIVE NOT ONLY STRENGTHENED OUR KNOWLEDGE BUT ALSO INSTILLED A SENSE OF RESPONSIBILITY, AWARENESS, AND READINESS WITHIN US. WE ARE GRATEFUL FOR THE OPPORTUNITY TO LEARN AND CONTRIBUTE TOWARDS A SAFER ENVIRONMENT.



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**MOCK DRILL
AT AP SEN MEMORIAL
GIRLS PG COLLEGE
ON 07 MAY 2025**





MOCK DRILL

AT POLICE LINE GROUND
ON 07 MAY 2025



YOGA DAY

- YOGA DAY PRACTICE BY NCC CADETS AT JANESHWAR MISHRA PARK
- IN PREPARATION FOR THE UPCOMING INTERNATIONAL YOGA DAY ON 21ST JUNE, A GROUP OF 20 ENTHUSIASTIC NCC CADETS FROM A.P. SEN MEMORIAL GIRLS P.G. COLLEGE VISITED THE ICONIC JANESHWAR MISHRA PARK TO PARTICIPATE IN A SPECIAL YOGA PRACTICE SESSION.
- UNDERSTANDING THE IMMENSE IMPORTANCE OF YOGA IN PROMOTING PHYSICAL AND MENTAL WELL-BEING, THE NCC HAS TAKEN A COMMENDABLE INITIATIVE TO RAISE AWARENESS AND ENCOURAGE A HEALTHY LIFESTYLE AMONG YOUTH.
- THE SERENE ENVIRONMENT OF THE PARK PROVIDED THE PERFECT BACKDROP FOR THE CADETS TO IMMERSE THEMSELVES IN THE SPIRIT OF YOGA AND DISCIPLINE.
- THIS INITIATIVE REFLECTS THE COMMITMENT OF BOTH THE COLLEGE AND THE NCC TO NURTURE HOLISTIC DEVELOPMENT AND CELEBRATE INDIA'S RICH CULTURAL HERITAGE THROUGH YOGA.



















WORLD ENVIRONMENT DAY 2025

- THE THEME OF WORLD ENVIRONMENT DAY 2025 IS *'PUTTING AN END TO PLASTIC POLLUTION'*
WORLD ENVIRONMENT DAY AWARENESS CAMPAIGN BY THE CADETS OF A.P. SEN MEMORIAL GIRLS P.G. COLLEGE , LUCKNOW
- DATE- 5TH JUNE 2025
- TO MARK WORLD ENVIRONMENT DAY, THE DEDICATED NCC CADETS OF A.P. SEN MEMORIAL GIRLS P.G. COLLEGE UNDER THE AEGIS OF 20 UP GIRLS BN NCC LUCKNOW, ACTIVELY CONTRIBUTED TO SPREADING AWARENESS ABOUT ENVIRONMENTAL CONSERVATION.
- THEIR ENTHUSIASTIC PARTICIPATION INCLUDED:
 1. CREATING IMPACTFUL POSTERS
 2. WRITING POWERFUL SLOGANS
 3. SHARING INSIGHTFUL THOUGHTS AND IDEAS ON PRESERVING NATURE
- THROUGH CREATIVITY AND COMMITMENT, THE CADETS INSPIRED OTHERS TO TAKE A STEP TOWARD A CLEANER, GREENER PLANET.







INTERNATIONAL DAY OF YOGA

- IN PREPARATION FOR THE UPCOMING INTERNATIONAL DAY OF YOGA ON 21ST JUNE, THE NCC CADETS OF A.P SEN MEMORIAL GIRLS P G. COLLEGE ACTIVELY PARTICIPATED IN A SERIES OF YOGA PRACTICE SESSIONS HELD WITHIN THE COLLEGE PREMISES.
- UNDER THE GUIDANCE OF ANO MAJ (PROF) MONIKA SRIVASTAVA THE CADETS ENGAGED IN EARLY MORNING YOGA PRACTICE SESSIONS . THE SESSIONS WERE ORGANIZED TO PROMOTE PHYSICAL, MENTAL, AND SPIRITUAL WELL-BEING AND TO SPREAD AWARENESS ABOUT THE SIGNIFICANCE OF YOGA IN MAINTAINING A BALANCED LIFESTYLE.
- MORE THAN 50 NCC CADETS ENTHUSIASTICALLY TOOK PART IN THE TRAINING. THE PRACTICE INCLUDED A VARIETY OF ASANAS, PRANAYAMA, AND MEDITATION TECHNIC , AS PRESCRIBED BY THE COMMON YOGA PROTOCOL ISSUED BY THE MINISTRY OF AYUSH, GOVERNMENT OF INDIA. EMPHASIS WAS LAID ON CORRECT POSTURE, SYNCHRONIZED BREATHING, AND MINDFULNESS.
- THE CADETS DISPLAYED IMMENSE DISCIPLINE AND ZEAL DURING THE SESSIONS, REFLECTING THE CORE VALUES OF THE NATIONAL CADET CORPS - UNITY AND DISCIPLINE. THE INITIATIVE NOT ONLY HELPED IN BUILDING PHYSICAL FITNESS BUT ALSO PROMOTED A SENSE OF INNER PEACE AND MENTAL CLARITY AMONG THE PARTICIPANTS.
- THE PRINCIPAL, PROF RACHANA SRIVASTAVA APPRECIATED THE EFFORTS OF THE CADETS AND THE NCC UNIT FOR UPHOLDING THE SPIRIT OF YOGA DAY AND FOR SETTING AN EXAMPLE OF HOLISTIC DEVELOPMENT.
- THE COLLEGE CADETS CONDUCTED A GRAND YOGA DAY CELEBRATION ON 21 ST JUNE, WHERE THE CADETS DEMONSTRATED THE YOGA PROTOCOL IN THE PRESENCE OF DIGNITARIES AND FELLOW STUDENTS.

ॐ योगाय नमः

**Yoga Asana's performed
by the cadets of**



**A.P SEN MEMORIAL GIRLS
PG COLLEGE**

WORLD BLOOD DONOR DAY

- ON 14 JUNE, THE WORLD CELEBRATES WORLD BLOOD DONOR DAY, A GLOBAL TRIBUTE TO THE MILLIONS OF VOLUNTARY, UNPAID BLOOD DONORS WHO GIVE OTHERS A SECOND CHANCE AT LIFE.
- THE GLOBAL THEME OF WORLD BLOOD DONOR DAY CHANGES EACH YEAR IN RECOGNITION OF THE SELFLESS INDIVIDUALS WHO DONATE THEIR BLOOD FOR PEOPLE UNKNOWN TO THEM, AND THIS YEAR, WORLD BLOOD DONOR DAY 2025 IS MARKED UNDER 'GIVE BLOOD, GIVE HOPE: TOGETHER WE SAVE LIVES' AS MENTIONED BY THE WORLD HEALTH.
- ON JUNE 14TH, THE WORLD COMES TOGETHER TO CELEBRATE WORLD BLOOD DONOR DAY, A GLOBAL TRIBUTE TO THE SELFLESS MILLIONS OF VOLUNTARY, UNPAID BLOOD DONORS WHO GIFT OTHERS A SECOND CHANCE AT LIFE. ON THIS MOMENTOUS OCCASION.
- THE CADETS OF A.P. SEN MEMORIAL GIRLS P.G. COLLEGE TOOK A NOBLE INITIATIVE TO COMMEMORATE THIS DAY BY SPREADING AWARENESS AMONG THE MASSES. THEIR COMMENDABLE EFFORTS AIMED TO INSPIRE MORE AND MORE PEOPLE TO DONATE BLOOD, ENSURING THAT NO NEEDY INDIVIDUAL FACES A SHORTAGE OF THIS LIFE-SAVING RESOURCE.
- THROUGH THIS EVENT, THE CADETS EMPHASIZED THE SIGNIFICANCE OF VOLUNTARY BLOOD DONATION, HIGHLIGHTING ITS IMPACT ON SAVING COUNTLESS LIVES. BY EDUCATING PEOPLE ABOUT THE IMPORTANCE OF BLOOD DONATION, THEY ENCOURAGED COMMUNITY PARTICIPATION AND MOTIVATED OTHERS TO JOIN THE NOBLE CAUSE. THEIR DEDICATION TO THIS SOCIAL CAUSE REFLECTS THE COLLEGE'S COMMITMENT TO FOSTERING A SENSE OF RESPONSIBILITY AND COMPASSION AMONG STUDENTS.
- OVER 55 CADETS TOOK A PLEDGE, AFFIRMING THEIR RESPONSIBILITY TO DONATE BLOOD AND MAKE A POSITIVE IMPACT IN THEIR COMMUNITY.

BLOOD DONATION CAMP

- ON JUNE 17TH, COMMAND HOSPITAL LUCKNOW ORGANIZED A BLOOD DONATION CAMP. UNDER THE AEGIS OF 20 UP GIRLS BN NCC, LUCKNOW, 12 CADETS OF A.P. SEN MEMORIAL GIRLS PG COLLEGE ENTHUSIASTICALLY PARTICIPATED IN THIS NOBLE INITIATIVE AND SELFLESSLY DONATED BLOOD, SPREADING AWARENESS ABOUT THE IMPORTANCE OF BLOOD DONATION AMONG THE COMMUNITY.
- COINCIDENTALLY, IT WAS ALSO THE BIRTHDAY OF SENIOR UNDER OFFICER PAKHI BHARADWAJ, WHO EXEMPLIFIED TRUE SPIRIT BY DONATING BLOOD ON HER SPECIAL DAY.
- HER MESSAGE ...*"I AM THRILLED TO HAVE HAD THIS INCREDIBLE OPPORTUNITY ON MY BIRTHDAY. THIS MARKS MY THIRD TIME DONATING BLOOD THROUGH NCC CAMPAIGNS, AND NOTHING FEELS MORE FULFILLING THAN HELPING OTHERS, SPREADING AWARENESS, AND MOTIVATING MY CO-CADETS AND JUNIORS. MY WISH IS TO BE THERE WHENEVER SOMEONE NEEDS HELP. JAI HIND!"*
- THE PRINCIPAL EXTENDED HEARTFELT APPRECIATION TO THE CADETS FOR THEIR COMMENDABLE EFFORT AND ACTIVE PARTICIPATION IN THE RECENTLY CONDUCTED BLOOD DONATION CAMP. THEIR SELFLESS CONTRIBUTION NOT ONLY DEMONSTRATED A STRONG SENSE OF SOCIAL RESPONSIBILITY BUT ALSO SET A SHINING EXAMPLE OF SERVICE AND DISCIPLINE.
- THE PRINCIPAL PROF RACHANA SRIVASTAVA PRAISED THE CADETS FOR EMBODYING THE CORE VALUES OF COMMITMENT, COMPASSION, AND COMMUNITY SERVICE. THE SUCCESSFUL ORGANIZATION AND ENTHUSIASTIC INVOLVEMENT OF THE CADETS PLAYED A CRUCIAL ROLE IN THE SMOOTH EXECUTION OF THE EVENT, RESULTING IN SIGNIFICANT NUMBER OF BLOOD UNITS BEING COLLECTED FOR THOSE IN NEED.







THE INTERNATIONAL DAY OF YOGA

- THE INTERNATIONAL DAY OF YOGA (IDY) 2025 MARKS A SIGNIFICANT MILESTONE, THE 11TH ANNIVERSARY OF THIS GLOBAL CELEBRATION. UNDER THE THEME "YOGA FOR ONE EARTH, ONE HEALTH," THIS YEAR'S OBSERVANCE HIGHLIGHTS YOGA'S VITAL ROLE IN PROMOTING HOLISTIC WELL-BEING AND ENVIRONMENTAL HARMONY.
- THE NCC CADETS OF A.P SEN MEMORIAL GIRLS PG COLLEGE, LUCKNOW, UNDER THE AEGIS OF 20 UP GIRLS BATTALION NCC, LUCKNOWS, COMMANDING OFFICER, COL RATNAKAR TRIVEDI, WHOSE VISIONARY LEADERSHIP AND UNWAVERING SUPPORT HAVE BEEN A GUIDING FORCE FOR US ALL. HIS DEDICATION TO DISCIPLINE, EXCELLENCE, AND HOLISTIC WELL-BEING HAS INSPIRED COUNTLESS CADETS TO STRIVE FOR GREATNESS, BOTH IN BODY AND SPIRIT. IT IS UNDER HIS GUIDANCE THAT WE PROUDLY PARTICIPATE IN THIS NOBLE INITIATIVE, WITH RENEWED ENTHUSIASM AND COMMITMENT ACTIVELY PARTICIPATED IN THE CELEBRATION OF INTERNATIONAL YOGA DAY ON 21ST JUNE 2025 AT JANESHWAR MISHRA PARK, LUCKNOW.
- THE EVENT WITNESSED ENTHUSIASTIC PARTICIPATION FROM CADETS, STAFF MEMBERS, AND NCC OFFICIALS, HIGHLIGHTING THE IMPORTANCE OF YOGA IN PROMOTING PHYSICAL AND MENTAL WELL-BEING. THE SESSION COMMENCED WITH A WARM-UP AND WAS FOLLOWED BY THE PERFORMANCE OF VARIOUS ASANAS AND BREATHING EXERCISES, ALIGNED WITH THE COMMON YOGA PROTOCOL PRESCRIBED BY THE MINISTRY OF AYUSH.

- A PROUD MOMENT FOR THE UNIT WAS THE RECOGNITION OF MAJOR MONIKA SRIVASTAVA, WHO WAS HONORED WITH THE ADG MEDALLION FOR HER OUTSTANDING CONTRIBUTION AND DEDICATED SERVICE IN PROMOTING YOGA AND NCC VALUES AMONG CADETS. HER LEADERSHIP AND COMMITMENT HAVE BEEN A SOURCE OF INSPIRATION FOR PARTICIPANTS. THE EVENT WAS FURTHER ENRICHED BY AN INSPIRING ADDRESS FROM ADDITIONAL DIRECTOR GENERAL (ADG) MAJOR GENERAL VIKRAM KUMAR, WHO COMMENDED THE NCC CADETS FOR THEIR ACTIVE PARTICIPATION AND DISCIPLINED CONDUCT DURING THE INTERNATIONAL YOGA DAY CELEBRATION.
- HE EMPHASIZED THE IMPORTANCE OF YOGA IN BUILDING PHYSICAL STRENGTH, MENTAL CLARITY, AND EMOTIONAL RESILIENCE - QUALITIES ESSENTIAL FOR FUTURE LEADERS AND RESPONSIBLE CITIZENS. MAJOR GENERAL KUMAR HIGHLIGHTED THE NCC'S VITAL ROLE IN NATION-BUILDING AND ENCOURAGED THE CADETS TO CONTINUE STRIVING FOR EXCELLENCE IN ALL SPHERES OF LIFE. HE ALSO PRAISED MAJOR MONIKA SRIVASTAVA FOR HER DISTINGUISHED SERVICE AND CONTRIBUTION TO THE NCC, NOTING THAT HER ACHIEVEMENT OF THE ADG MEDALLION IS A TESTAMENT TO DEDICATION AND LEADERSHIP.
- THE EVENT CONCLUDED WITH A MOTIVATIONAL ADDRESS BY SENIOR NCC OFFICIALS, EMPHASIZING THE ROLE OF YOUTH IN SPREADING AWARENESS ABOUT A HEALTHY LIFESTYLE THROUGH REGULAR PRACTICE OF YOGA.
- OVERALL, THE CELEBRATION WAS A GRAND SUCCESS, REFLECTING THE DISCIPLINE, UNITY, AND COMMITMENT OF THE CADETS TOWARDS NATIONAL INITIATIVES AND WELLNESS PROGRAMS.
- THE PRINCIPAL OF A.P.SEN MEMORIAL GIRLS PG COLLEGE, PROF. RACHANA SRIVASTAVA, EXPRESSED HER HEARTFELT APPRECIATION FOR THE CADETS' ENTHUSIASTIC PARTICIPATION AND DISCIPLINE DURING THE EVENT. SHE LAUDED THEIR COMMITMENT TO PROMOTING A HEALTHY LIFESTYLE THROUGH YOGA AND UPHOLDING THE VALUES OF THE NCC. PROF. SRIVASTAVA ALSO EXTENDED SPECIAL CONGRATULATIONS TO MAJOR MONIKA SRIVASTAVA ON BEING AWARDED THE ADG MEDALLION, COMMENDING HER FOR HER EXEMPLARY LEADERSHIP, TIRELESS DEDICATION, AND INVALUABLE CONTRIBUTION TO THE NCC AND THE HOLISTIC DEVELOPMENT OF THE CADETS. SHE EMPHASIZED THAT SUCH RECOGNITIONS SERVE AS SOURCE OF PRIDE AND MOTIVATION FOR THE ENTIRE INSTITUTION.



































SEEMA DARSHAN

PARTICIPATION OF TWO CADETS FROM A.P. SEN MEMORIAL GIRLS P.G. COLLEGE IN THE “SEEMA DARSHAN” (BORDER VISIT) CAMPAIGN

FORWARD AREA TOUR CUM TREK (22 MAY – 29 MAY 2025)

DURATION: 22 MAY 2025 TO 29 MAY 2025

ROUTE: BAREILLY – PITHORAGARH – GUNJI – DHARCHULA – NAVIDANG – JOLLINGKONG

ORGANIZED BY: NATIONAL CADET CORPS (NCC) AND INDIAN ARMY, 20 UP GIRLS BATTALION NCC, LUCKNOW

THE FORWARD AREA TREK WAS ORGANIZED WITH THE OBJECTIVE OF DEVELOPING THE FOLLOWING QUALITIES AMONG THE SENIOR WING (SW) CADETS OF NCC:

1. SPIRIT OF ADVENTURE AND EXPLORATION
2. SELF-CONFIDENCE AND ESPRIT-DE-CORPS (TEAM SPIRIT)
3. CURIOSITY TOWARDS NATURE AND THE ENVIRONMENT
4. DEVELOPMENT OF ENDURANCE AND LEADERSHIP QUALITIES
5. UNDERSTANDING AND APPRECIATION OF THE LIFE OF SOLDIERS STATIONED IN BORDER AREAS

SELECTION OF CADETS- THE SELECTION PROCESS WAS BASED ON PHYSICAL FITNESS, DISCIPLINE, LEADERSHIP QUALITIES, AND ACADEMIC PERFORMANCE.

OUTSTANDING SW CADETS FROM VARIOUS COLLEGES AND NCC UNITS WERE NOMINATED FOR THE PROGRAM.

FROM A.P. SEN MEMORIAL GIRLS P.G. COLLEGE, SENIOR UNDER OFFICER PAKHI BHARDWAJ AND UNDER OFFICER KASHISH KHARKA WERE SELECTED FOR THIS PRESTIGIOUS TREK.

➤ EXPERIENTIAL LEARNING THROUGH THE FORWARD AREA TOUR CUM TREK-

➤ THE CADETS GAINED VALUABLE EXPOSURE AND EXPERIENCE, INCLUDING:

(A) INSIGHTS INTO THE LIFE OF SOLDIERS DEPLOYED IN FIELD CONDITIONS

(B) EXPLORATION OF LESSER-KNOWN TREKKING ROUTES AND DEVELOPING LOVE FOR NATURE

(C) GROWTH OF ADVENTUROUS, INQUISITIVE, AND RESEARCH-ORIENTED ATTITUDES

(D) UNDERSTANDING OF LOCAL TRADITIONS, CULTURE, HISTORY, AND LIFESTYLE

(E) INTERACTION AND COMMUNICATION WITH RESIDENTS OF BORDER VILLAGES

KEY DETAILS-

➤ STARTING & ENDING POINT: BAREILLY

➤ MAJOR LOCATIONS: PITHORAGARH, GUNJI, DHARCHULA, NAVIDANG, JOLLINGKONG

- MAIN ATTRACTIONS: ADI KAILASH YATRA ROUTE, KALI MATA TEMPLE (ORIGIN OF THE KALI RIVER) AND OM PARVAT
- DURATION: 8 DAYS (22 MAY – 29 MAY 2025)
- TOTAL PARTICIPANTS: 20 SW CADETS
- ACCOMPANIED BY: 1 GCI/PI STAFF
- UP DIRECTORATE RV: BAREILLY AND UK DIRECTORATE RV: PITHORAGARH

UTTARAKHAND IS OFTEN CALLED THE “PLAYGROUND OF ADVENTURE ACTIVITIES,” OFFERING OPPORTUNITIES FOR TREKKING, MOUNTAINEERING, ROCK CLIMBING, SKIING, AND PARAGLIDING. TREKKING NOT ONLY STRENGTHENS PHYSICAL ENDURANCE BUT ALSO BUILDS MENTAL RESILIENCE AND MORAL CHARACTER. IT PROVIDES INDIVIDUALS WITH A CHANCE TO UNDERSTAND NATURE, THE ENVIRONMENT, RURAL LIFESTYLES, AND THE ESSENCE OF COLLECTIVE LIVING. THE FORWARD AREA TREK PROGRAM PROVED TO BE AN ADVENTUROUS AND ENRICHING EXPERIENCE FOR NCC CADETS. IT OFFERED THEM A UNIQUE OPPORTUNITY TO LEARN ABOUT THE CULTURE, GEOGRAPHY, AND SECURITY OF INDIA’S BORDER REGIONS. THE JOURNEY NOT ONLY CONTRIBUTED TO THEIR OVERALL PERSONALITY DEVELOPMENT BUT ALSO STRENGTHENED THEIR SENSE OF PATRIOTISM AND NATION-BUILDING.



























 COMMUNITY RADIO STATION
PANCHSHUL PULSE





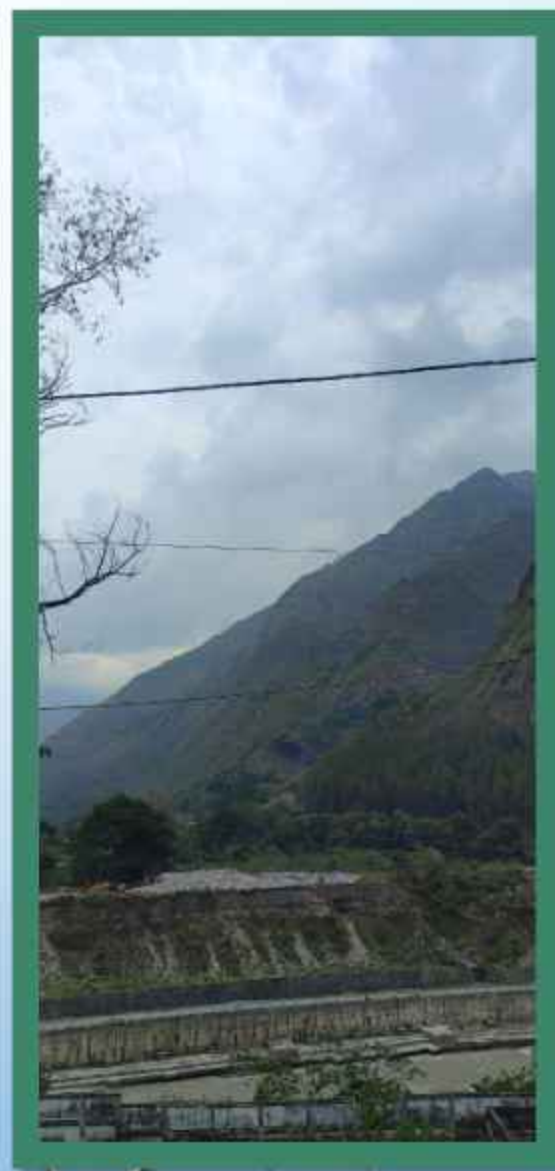






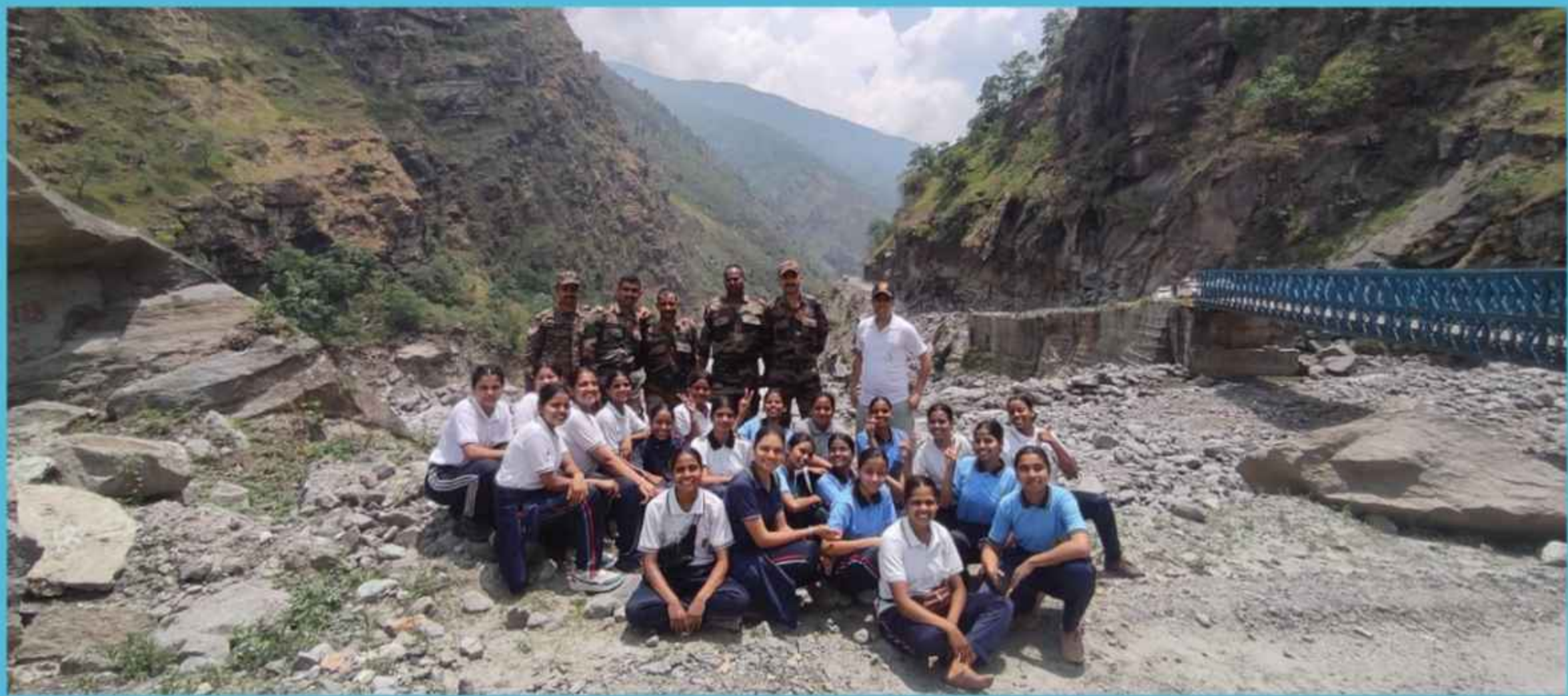






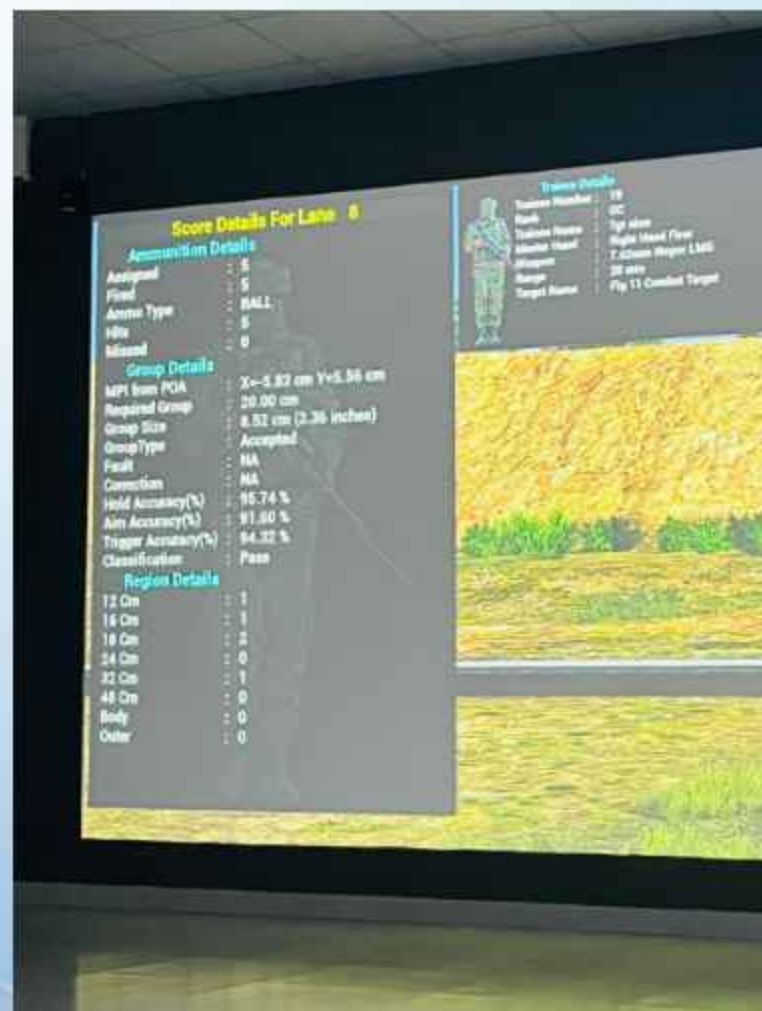




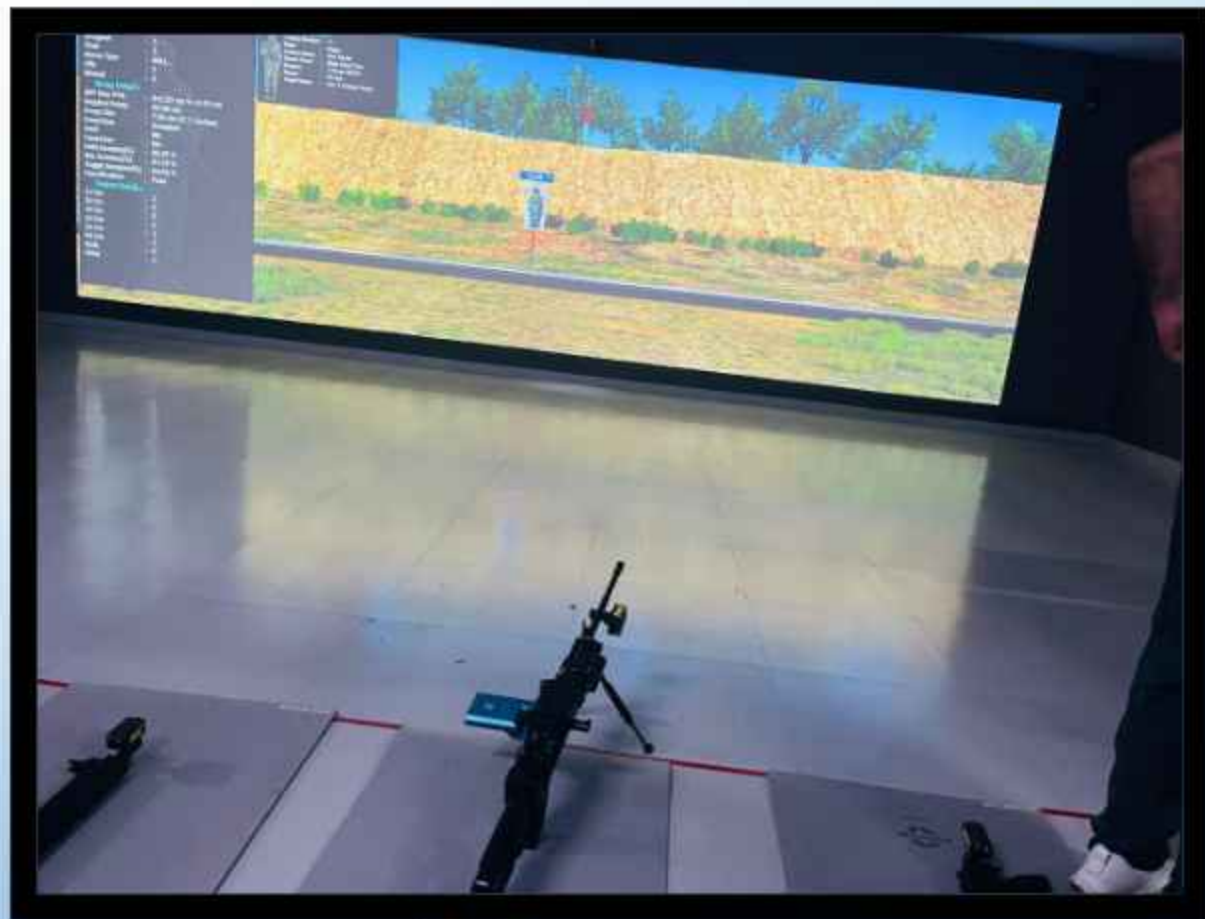


TRIP TO OFFICERS TRAINING ACADEMY CHENNAI























GOVERNOR'S HOUSE













'SANGRAM 1857' CYCLING EXPEDITION EVENT

- DATE: 4TH JANUARY 2025
- VENUE: LUCKNOW
- ORGANISED BY: UTTAR PRADESH NCC DIRECTORATE
- TO COMMEMORATE THE FIRST WAR OF INDEPENDENCE OF 1857, THE UTTAR PRADESH NCC DIRECTORATE LAUNCHED A HISTORIC CYCLING EXPEDITION TITLED 'SANGRAM 1857' IN THE 75TH YEAR OF THE INDIAN REPUBLIC.
- THE EXPEDITION AIMS TO PAY TRIBUTE TO THE COURAGE AND SACRIFICES OF THE FREEDOM FIGHTERS OF 1857 AND TO INSPIRE THE YOUTH TOWARDS NATION-BUILDING UNDER THE THEME "SAMAR SE SAMRIDDHI KI ORE." THE EXPEDITION, LED BY BRIGADIER N. S. CHAARAG, GROUP COMMANDER, AGRA GROUP HEADQUARTERS,
- COMMENCED FROM MEERUT ON 1ST JANUARY 2025 AND IS TRAVELLING THROUGH MAJOR CENTRES OF THE 1857 UPRISING SUCH AS BAREILLY, LUCKNOW, PRAYAGRAJ, VARANASI, KANPUR, JHANSI, GWALIOR, AGRA, AND MATHURA, BEFORE CULMINATING AT NEW DELHI ON 27TH JANUARY 2025.
- COVERING A TOTAL DISTANCE OF 2000 KM IN 17 CYCLING DAYS, THE TEAM COMPRISES 15 NCC CADETS, INCLUDING FIVE GIRL CADETS FROM THE UP DIRECTORATE. ON 4TH JANUARY 2025,

- THE EXPEDITION WAS FLAGGED IN AT LUCKNOW BY THE GOC-IN-C, CENTRAL COMMAND. AS PART OF THE EVENT, VARIOUS CULTURAL AND AWARENESS PROGRAMMES WERE ORGANISED TO MARK THE OCCASION AND TO ENGAGE THE LOCAL COMMUNITY IN REMEMBERING THE HEROES OF 1857.
- IN THIS EVENT, 20 CADETS OF A.P. SEN MEMORIAL GIRLS' P.G. COLLEGE, LUCKNOW, ACTIVELY PARTICIPATED BY PRESENTING A NUKKAD NATAK (STREET PLAY) DEDICATED TO THE THEME OF THE FIRST WAR OF INDEPENDENCE. THE PLAY PORTRAYED THE INDOMITABLE SPIRIT AND SACRIFICES OF NATIONAL HEROES SUCH AS MANGAL PANDEY, RANI LAXMIBAI, TANTIA TOPE, NANA SAHEB, KUNWAR SINGH, AND KHAN BAKHT, INSPIRING THE AUDIENCE TO UPHOLD PATRIOTIC VALUES AND CONTRIBUTE TOWARDS NATION BUILDING.
- THE PERFORMANCE OF THE CADETS WAS HIGHLY APPRECIATED BY THE DIGNITARIES AND AUDIENCE FOR ITS PATRIOTIC FERVOUR, DISCIPLINE, AND MESSAGE OF UNITY.
- THE PARTICIPATION OF THE COLLEGE CADETS IN THIS PRESTIGIOUS EVENT REFLECTED THE TRUE SPIRIT OF THE NATIONAL CADET CORPS AND ITS MOTTO — "UNITY AND DISCIPLINE."



















































NCC DAY

77TH NCC DAY

24 NOV 2024

NCC DIRECTORATE
UTTAR PRADESH



















INTERACTION WITH DG NCC VISIT

➤ DATE: 1ST MAY

➤ VENUE: SURYA AUDITORIUM, LUCKNOW

➤ THE DAY MARKED A MOMENT OF GREAT PRIDE AND HONOUR FOR THE NATIONAL CADET CORPS DIRECTORATE, LUCKNOW, UTTAR PRADESH, AS THE DIRECTOR GENERAL OF THE NATIONAL CADET CORPS, LT. GEN. GURBIRPAL SINGH, PVSM, AVSM, VSM, GRACED THE OCCASION WITH HIS ESTEEMED PRESENCE.

➤ THE EVENT BEGAN WITH A REQUEST TO ALL ATTENDEES TO SWITCH OFF THEIR MOBILE PHONES, FOLLOWED BY A WARM WELCOME ADDRESS DELIVERED BY MAJOR (PROF.) MONIKA SRIVASTAVA, ASSOCIATE NCC OFFICER, A.P.SEN MEMORIAL GIRLS P.G. COLLEGE, LUCKNOW. SHE EXTENDED HEARTFELT GREETINGS TO ALL DISTINGUISHED GUESTS, SENIOR OFFICERS, PI STAFF, ANOS, FACULTY MEMBERS, AND CADETS PRESENT IN THE AUDITORIUM.

➤ PROGRAMME OUTLINE:

1. ADDRESS BY THE DG NCC TO ALL OFFICERS AND CADETS OF UTTAR PRADESH DIRECTORATE.
2. RELEASE OF THE NCC JOURNAL - THE CADET 2024 BY THE DG NCC.
3. AWARD PRESENTATION CEREMONY RECOGNIZING THE OUTSTANDING PERFORMANCE OF NCC OFFICERS, PL STAFF AND CADETS.
4. NCC SONG AND NATIONAL ANTHEM, FOLLOWED BY THE CHANT OF "BHARAT MATA KI JA".
5. MEDIA INTERACTION BY THE DG NCC.

- LT. GEN. GURBIRPAL SINGH, AN ALUMNUS OF THE NCC AND A DECORATED OFFICER OF THE PARACHUTE REGIMENT, WAS WARMLY WELCOMED WITH A THUNDEROUS ROUND OF APPLAUSE. HIS ILLUSTRIOUS MILITARY CAREER, SPANNING KEY LEADERSHIP ROLES IN SIACHEN GLACIER, NAGALAND, KASHMIR VALLEY, LEBANON (AS PART OF THE UNIFIL MISSION), AND NUMEROUS PRESTIGIOUS DEFENCE INSTITUTIONS SUCH AS NDA, IMA, DSSC WELLINGTON, AND NDC NEW DELHI, WAS BRIEFLY HIGHLIGHTED.
- IN HIS INSPIRING ADDRESS, THE DG NCC MOTIVATED THE CADETS TO UPHOLD THE VALUES OF DISCIPLINE, UNITY, AND SERVICE TO THE NATION. HE EMPHASIZED THE CRUCIAL ROLE OF NCC IN SHAPING THE YOUTH INTO RESPONSIBLE CITIZENS AND FUTURE LEADERS OF THE COUNTRY.
- RELEASE OF THE CADET 2024:
- THE DG NCC RELEASED THE NCC JOURNAL - THE CADET 2024, A PUBLICATION BROUGHT OUT UNDER THE GUIDANCE OF MAJOR GENERAL VIKRAM KUMAR, ADG, NCC DIRECTORATE UTTAR PRADESH. THE JOURNAL REFLECTS THE EVOLVING ROLE OF NCC AND SHOWCASES THE ACHIEVEMENTS AND MULTIFACETED ACTIVITIES OF CADETS DURING THE PAST YEAR.
- AWARD CEREMONY:
- THE DG NCC FELICITATED THE AWARD WINNERS FOR THEIR DEDICATION AND EXCEPTIONAL CONTRIBUTIONS.
- FOLLOWING THE AWARD CEREMONY, ALL PARTICIPANTS STOOD FOR THE NCC SONG AND NATIONAL ANTHEM, RESONATING WITH PATRIOTIC FERVOR AS CHANTS OF "BHARAT MATA KI JAI" ECHOED ACROSS THE HALL.
- LATER, THE DG NCC INTERACTED WITH THE MEDIA AND POSED FOR A GROUP PHOTOGRAPH WITH CADETS FROM ALL THREE WINGS. THE EVENT CONCLUDED WITH A REFRESHMENT SESSION AND INFORMAL INTERACTION, WHERE 20 CADETS FROM A.P.SEN MEMORIAL GIRLS P.G.COLLEGE HAD THE UNIQUE OPPORTUNITY TO PERSONALLY INTERACT WITH THE DG NCC.



















Interaction with DG NCC



Raksha Bandhan Celebration in the Unit by Cadets on 8th August 2025















Certificate Distribution













































RANK CEREMONY-2025



























